

SCALE PRACTICE

W/metronome (Start around 72, goal is 100)

1/8 notes

Triplets

1/16

Sextuplets (1/16 triplets)

Find all the bends of the top 3 strings for each pattern

Sequences

3rds

3s (123, 234, 345etc)

4s (1234, 2345, 3456 etc)

Root Return (1231, 2342, 3453, etc)

Triads

Go up 1 pattern and then descend in the next pattern (through all the patterns and repeat the cycle so that it's reversed)

Pattern shifting noodling

-between 2 patterns, back and forth

-between 3 patterns, back and forth

-isolating string sets (such as top 3 strings)

Incorporate Arpeggios

- Chord progs

- "Harmonized" scale

- Adapting pentatonic licks

Play to Jam tracks

Learn an album's worth of someone you want to emulate (Rhythm, Lead and vocal melodies)

Compose your own melodies/licks

-use your ear

-use mechanics

-use theory ideas/tricks